



**Karen B. Salmon, Ph.D.**  
State Superintendent of Schools

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**To:** Supervisors of Physical Education

**From:** Susan C. Spinnato, Director of Instructional Programs

**Date:** August 13, 2018

**Re:** Physical Education Requirements

This is to advise you that under Code of Maryland Regulations (COMAR) 13A.04.13.01, there is no exemption from Physical Education, K-8. Physical Education must be provided to all students each year.

However, a student may participate in a modified program of physical education based on the physical limitations or medical condition of the student. An individualized program must be developed and approved by the physical education teacher, parent or guardian, principal, and supervisor.

If I can be of further assistance, please contact me at [susan.spinnato@maryland.gov](mailto:susan.spinnato@maryland.gov) or 410-767-0349.