

Cougars Care



At a Glance

Reading Stories	Karaoke Mornings	Welcoming Committee	PBIS Assembly Helpers	Q & A with classes
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Building Community



**Senior football player
Tyler Maheux**

"I have had so much fun with Cougars Care! My favorite part has been seeing all the kids smiling faces in the morning."

Cougars Care was started as a way for Falston High school students to build community with our feeder elementary schools. Each month a group of students visits each of our 3 feeder schools during their morning drop-off and first 30-45 minutes of school. These student greet each student off the bus or out of their cars, give ample high fives and hugs, sing karaoke, and have amazing dance moves. The students then split their time in different classrooms reading books, helping with end of quarter fun activities, running morning meetings, and answering Q & A sessions about high school life. The Cougars Care students have also helped run quarterly PBIS assemblies at both YBES and RPES. At these events the elementary age students are celebrated for their positive behavior and are selected to play games and win prizes.

The involvement of the FHS students has grown to include more than 40 different seniors and juniors. These students have gone so far as dressing up for spirit days, greeting younger siblings, and hyping

up sporting events and breaks. We cannot express our gratitude enough to YBES, RPES, and FLES for allowing us to further build a strong community in our beautiful town.

Club advisor Roxanne Ryan (physical education teacher at FHS) states “This has been one of the most rewarding experiences in my teaching career. Seeing high school students interacting with elementary aged kids is just amazing. I cannot tell you the amount of smiles, gasps, laughter, and pure enjoyment I have seen from all the kids involved. Parents, teachers, and community members stop me each and every week to thank me for bringing FHS kids to their school.”



Mrs. Kelly Lembach
(1st Grade teacher at RPES)

“Cougar Cares has been a wonderful addition to our school. The students love to be welcomed by the Fallston High School students with a fist bump and a smile. The Fallston students have also been a part of our P.B.I.S. (Positive Behavior Intervention and Supports) wing celebrations and work directly with the First-Grade students during the wing parties. Cougar Cares has created a positive connection between The Red Pump and Fallston High school community.”

Cougars Care Highlights



The Cougars Care Crew visiting Youth’s Benefit Elementary School

Pictured: Ethan Sielback, Jack Corea, Juliana Vaughn, Cam Barrett, Amelia Watchinsky, Sarah Gnagey, Campbell Wheeler, Anna Miller, Aceline Lui, Kaylee Lindhorst, Ian Wilson, Sam Tomko, Erin-Kate Roeder, Abigail Richard, Leah Rhinehart, Megan Perez, Jason Roberts, Mackenzie Mazor, Tyler Maheux, Dom Foster, Lindsey Detloff, Grace Daly, Hailey Meyer, Skylar Brown, Keanu Aurora



Seniors Leah Rhinehart and Megan Perez dressed for Dalmatian day at RPES

Leah Rhinehart - women's soccer and women's basketball

“Participants in Cougars Care can help create a connected community, and an inspiring educational environment, encouraging children's enthusiasm for learning. Volunteering at local elementary schools through Cougars Care offers the chance to positively impact young students' lives. There is truly no feeling that measures up to the fulfillment high schoolers feel when you discover the ability to inspire that much joy, simply by showing up and interacting. This program was most definitely the highlight of my senior year, and I look forward to watching this program continue to flourish.”

Dom Foster - football and men's lacrosse

“I love seeing the kid's faces when they see the big high schoolers and getting them excited for their future.”



Senior Jacob MacMillan and junior Dominic Foster



Seniors Michael Lembach and Brody Fitzkee

Brody Fitzkee - football, men's basketball, men's lacrosse

“I love cougar's cares because I get to make friends with the kids and form a bond for them to be excited to see that we are coming to their school other days.”

Max Rueckert - football, men's basketball, tennis

“I love to see the kids happy to see me in the morning and feel excited for the school day when maybe they typically aren't excited for school or find school as fun as it should be.”



Senior Max Rueckert



Gar with his friends Spot (RPES), Ali (YBES), and Leo(FLES)