

# HCPSS GET FIT



*in partnership with*



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#HCPSSGETFIT



## FITBIT CHALLENGE

Harford County Public Schools recognizes the value of health and fitness, and we are launching our first-ever HCPS Fitbit Challenge to unite our employees and community members together in wellness. Do you own a Fitbit or are you planning on getting a fitness tracker in support of your health goals? Join the HCPS community in a friendly competition to track our steps!

### HERE'S HOW TO GET STARTED:

- Log in to your Fitbit account on [www.fitbit.com](http://www.fitbit.com) on your laptop or desktop.
- Go to your Fitbit dashboard and click on 'community tab.'
- Then, click on 'activity groups.'
- Under the 'find a new group' section, filter your search by selecting the letter 'H.'
- Find the group **HCPSSGETFIT**, and join the group!