



Press Release

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SHAPE America Announces 2023 District Teachers of the Year in Physical Education, Adapted Physical Education, and Health

RESTON, VA, December 15, 2022 — SHAPE America – Society of Health and Physical Educators today announced its 2023 District Teacher of the Year award recipients, who are being recognized for excellence in physical education, adapted physical education, health education, and dance education.

These outstanding educators — who were all previously recognized as state teachers of the year — have now been selected as the “best of the best” in their category at the district level, representing one of SHAPE America’s five districts: Central, Eastern, Midwest, Southern, and Western.

“These incredible teachers epitomize what the Teacher of the Year program is all about – recognizing those who motivate and lead their students to participate in a lifetime of physical activity,” says SHAPE America CEO Stephanie Morris. The program is sponsored by the Teacher of the Year Partner Network, which includes SPARK, Wellness Training Specialists, GOPHER, and Goodheart-Willcox Publisher.

SHAPE America will honor these District Teachers of the Year at the [2023 SHAPE America National Convention & Expo](#) in Seattle, March 28 – April 1. During the convention’s closing general session on Friday, March 31, SHAPE America will announce which district winner in each of the five categories below has been named the National Teacher of the Year for that category.

“We are so proud of these outstanding teachers and excited to honor and showcase them on a national stage during convention in Seattle,” says Morris.

The following educators have been named 2023 SHAPE America District Teachers of the Year:

Adapted Physical Education

Central:

Sarah Brockberg

El Paso County Colorado School District 49

Peyton, CO



Adapted Physical Education (cont.)

Eastern:

Jessica Willson
Harford Academy
Bel Air, MD

Midwest:

Emma Degen
Twin Groves Middle School
Buffalo Grove, IL.

Western:

Samantha Stewart
Newbury Park High School
Newbury Park, CA

Health Education

Eastern:

Melissa Quigley
Broadneck High School
Annapolis, MD

Elementary Physical Education

Central:

Randy Spring
Liberty Ridge Elementary School
Woodbury, MN

Eastern:

Mark Housel
Helen L. Beeler Elementary School
Marlton, NJ

Midwest:

Kim Selby
Wilson Elementary School
Sheboygan, WI

Southern:

Kirstin Voitus
Loughman Oaks Elementary School
Davenport, FL



Elementary Physical Education (cont.)

Western:

Meaghan Schrader
Hawthorne Elementary School
Missoula, MT

Middle School Physical Education

Central:

Teri Lund
Royster Middle School
Chanute, KS

Eastern:

Matthew Bristol
Essex Middle School
Essex Junction, VT

Southern:

Michael Caparaso
West McDowell Middle School
Marion, NC

Western:

Toni Chilton
Highland Junior High School
Mesa, AZ

High School Physical Education

Central:

Terri O'Leary
Parkway Central High School
Chesterfield, MO

Eastern:

Amanda Torres
Coginchaug Regional High School
Durham, CT

Midwest:

Joshua Gleicher
Disney II Magnet High School
Chicago, IL



High School Physical Education (cont.)

Southern:

Jordan Manley
STEAM Academy
Lexington, KY

Western:

Robert Schmidlein
Monroe High School
North Hills, CA

For more information about the 2023 SHAPE America National Convention & Expo, visit the website at <https://convention.shapeamerica.org/> and follow #SHAPEseattle.

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About SHAPE America

SHAPE America – Society of Health and Physical Educators serves as the voice for 200,000+ health and physical education professionals across the United States. The organization’s community includes a diverse membership of health and physical educators, as well as advocates, supporters, and 50+ state affiliate organizations.

Since its founding in 1885, the organization has defined excellence in physical education. For decades, [SHAPE America’s National Standards for K-12 Physical Education](#) have served as the foundation for well-designed physical education programs across the country. Additionally, the organization helped develop and owns the [National Health Education Standards](#).

For more information, visit www.shapeamerica.org.

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