

# MINUTES

SECAC

*September 6, 2023*

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## In Attendance

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Jeanne Erdley, Kara Stone, Suzanne Oshinsky, Colleen Sasdelli, Bernard Hennigan, Rachel Trovato, Tracy Masur, Carie Sadowski, Kathy Pitrat, Lisa Farmer-Blankenship, Allison Linsey, Megan Fitzgerald, Sabrina Bryant, Sarah Patrick, Joy Parker, Autumn Wallace, Shilpa Narayen, Sarah Walter, Elianne Lanza, Ann Clapham, Katie York, Elizabeth Tomcho, Paula Vanhart, Jessica Bancroft, Karen Marshall, Laurie Rajala, Lennox Superville, Lindsey Gilmour, Lu Zhang, Marcie Goldheim, Marina Edwards, Kim Heeter, Kerry Stewart

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## Welcome & Announcements

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1. Welcome from SECAC.
2. Introduction of SECAC Board Members. We are changing the Bylaws regarding the meeting schedule to coincide with the school calendar.
3. Upcoming Meeting: October 5, 2023 - Executive Function presented by Amy Bland, SLP, In-person at The Arc of Northern Chesapeake, 4513 Philadelphia Road, Aberdeen, MD
4. Notices for Community Events are through Facebook group and/or Email list.
5. Please leave questions and comments in the chat. It is being monitored.

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## Director of Special Education Colleen Sasdelli

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1. What's New in SE for School Year 2023-24. Special Education staff was given goals for the year. IEP parent questionnaire will be sent after the IEP meeting.
2. Who's Who in SE Department.
3. Addressing Concerns & Communication.

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## Presentation - HOPE Training Presentation: Bernard Hennigan, HCPS Executive Director of Student Services

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1. The history of HOPE (Healthy Outcomes for Positive Experiences) HOPE is recognizing, honoring and fostering positive experiences. The impact of negative experiences in childhood can affect your mental and physical health as adults.

2. HOPE Screen tools & questions –

## Positive Childhood Experiences scale questions



*As a child, how often did you ...*

1. Feel able to talk to your family about feelings
2. Feel your family stood by you during difficult times
3. Enjoy participating in community traditions
4. Feel a sense of belonging in high school
5. Feel supported by friends
6. Have at least two non-parent adults who took genuine interest in you
7. Feel safe and protected by an adult in your home



3. Compare/Contrast ACES (adverse child events) to PCES (positive child events).

**Higher PCEs  
Protects Overall  
Health**

2021 Tennessee BRFSS Data

Lower Rates Of  
Depression

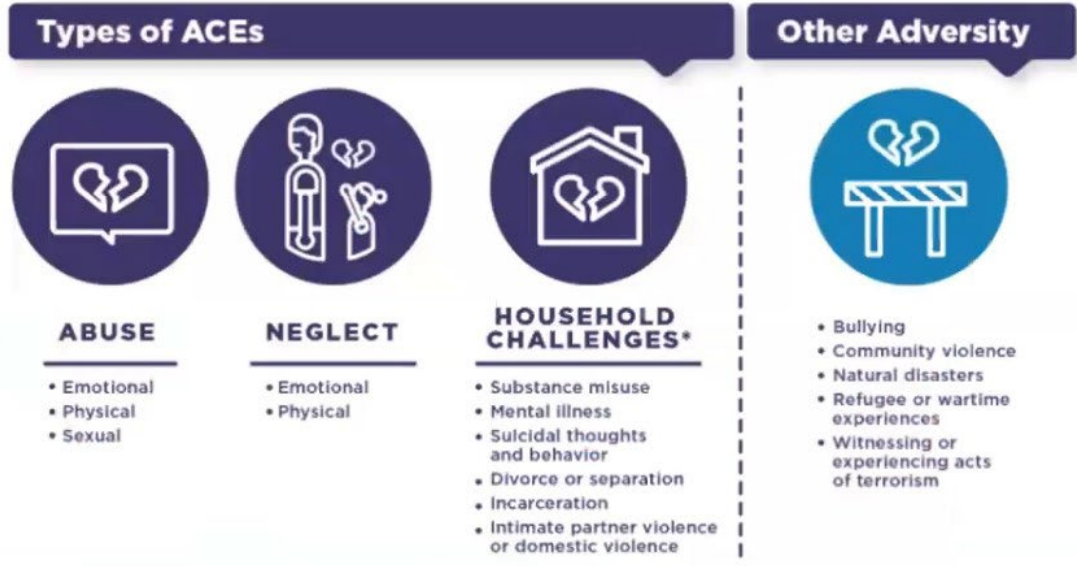
Lower Rates Of  
Heart Disease

Improved Physical  
Health

More Likely To Be  
Employed

Source: TN Department of Health, PCEs among Tennesseans 2021.  
<https://www.tn.gov/content/dam/tn/health/documents/PCEs-Factsheet%202021.pdf>

# What are ACEs (Adverse Childhood Experiences)



\* The child lives with a parent, caregiver, or other adult who experiences one or more of these challenges.

4. The four building blocks of HOPE – relationships with others, safe/stable environment, social/civic engagement, emotional growth

## The Four Building Blocks of HOPE

- RELATIONSHIPS** with other children and with other adults through interpersonal activities.
- Safe, equitable, stable environments** for living, playing, learning at home and in school.
- Social and civic engagement** to develop a sense of belonging and connectedness.
- Emotional growth** through playing and interacting with peers for self-awareness and self-regulation.

**HOPE**  
HEALTHY OUTCOMES FROM POSITIVE EXPERIENCES

Minutes taken by Kara Stone, Secretary/Treasurer